



# WISER DRIVER®

## A refresher course for responsible older drivers.

Join us for an informative, informal and friendly refresher course, to upgrade your knowledge and build on your experience to keep you driving safely.

Topics covered include:

### Driving today

- How driving has changed over the years
- Our strengths as older drivers
- Overcoming the risks

### Safety tips for wiser driving

- Keeping your car in good condition
- Night time driving
- Planning ahead
- Medicines and driving

### Safety rules

- Changes to the Victorian road rules
- What to do in a crash
- Fun quizzes to check your knowledge of the road rules

### Car safety features

- How safe is your car?
- New mandatory requirements
- Tips for buying a safer car
- Used Car Safety Ratings.

### Being roadworthy

- Assessing your own driving skills
- How ageing can affect your driving
- Staying safe – helpful hints

### Planning for the future

- Retaining our licences
- Occupational therapy driver assessments
- Using Public Transport to supplement driving

### Resources included:

- Vic Roads: Road to Solo Driving Handbook
- Victorian Older Drivers Handbook
- Online Videos from RACV
- Fun quizzes to update your knowledge of the road rules
- Visit from Vic Police to answer your questions and queries
- ANCAP Rating: How safe is your car

To inquire about joining a course near you, contact us on 9819 5758 or [info@hch.org.au](mailto:info@hch.org.au)

For more information and bookings for this course please contact:

**Mobility Education Coordinator**  
**Hawthorn Community House**  
**Telephone: 9819 5758**

# Overview of the Wiser Driver course

There are 4 sessions of two hours each, usually run over 4 weeks. All sessions are run in an informal "tutorial" type setting to encourage active participation in discussions and sharing of driving experiences. Between 15- 20 participants per course is ideal.

**Course Objective** - to provide participants with:

- up-to-date information on current Victorian Road Rules,
- openly address any questions or concerns participants have about driving,
- encourage participants to think about changes in their fitness or health that may impact their driving,
- an awareness of safer driving habits over the 4 week course.

The Topics for each session are:-

**SESSION 1 - Times are a'changing: Challenges for today's drivers**

**SESSION 2 - Using the rules of the road & staying roadworthy**

**SESSION 3 - My roadworthy self**

**SESSION 4 - Retaining our Licences & planning for the future**

During the course participants will receive a free copy of the latest edition of *The Road To Solo Driving Handbook*, which is the current book of Victorian Road Rules and a copy of the *VicRoads Publication 'Aging and safe driving - Am I still fit to drive?'*.

When participants attend all sessions, or 3 out of 4 session, they will receive a *Certificate Of Achievement* from **Hawthorn Community House** and your local **Council**.

**Tutor & Admin Costs** – Host to cover \$950 course cost. Additional costs, such as printing of Participants Notes and purchase of VicRoads handbooks are to be covered by host site or Council.

For any questions on the Wiser Driver course please contact:-

**Dawn Harper - Mobility Education Coordinator on (03) 9819 5758,  
or Mobile - 0401 991 844**